If you have diabetes...

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Do you want to know more about the impact of blood glucose levels on your health?

- **Yes**: A CDE can explain when to check and act on your blood glucose levels for good health.
- **No**

Do you feel sad or stressed by your diabetes?

- **Yes**: A CDE can provide you with support and advice.
- **No**

Do you want more ideas on how physical activity and healthy eating can help improve your diabetes?

- **Yes**: A CDE can support you to make changes for a healthier lifestyle.
- **No**

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Why not see a CDE to help you stay on track to good health?
Credentialled Diabetes Educators™ (CDEs) are healthcare professionals qualified to provide personalised diabetes education and care that empowers people with diabetes to deal with their daily self-management, in accordance with the National Standards of Practice for CDEs.

This national standard assures people with, or at risk of diabetes, their families, carers and healthcare providers of the provision of quality diabetes education and advice.

This logo symbolises quality, expertise, high standards and experience in diabetes education.

Only diabetes educators who have completed the ADEA Credentialling Program are awarded the CDE status.

CDEs are required to demonstrate ongoing participation in professional development within the specialty of diabetes education.

To find a CDE near you, visit www.adea.com.au

About the Australian Diabetes Educators Association

ADEA is the leading Australian organisation for health professionals who provide diabetes education and care. ADEA implements the Credentialling Program, a national professional development program that awards multidisciplinary healthcare professionals with CDE status.

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