

# Fight diabetes in your community with the NDSS

1

Heard you have diabetes Bob.

Yeah the doctor told me I had it. It runs in the family and our community.



2

So what will you do now?

The doc told me I should join the NDSS.

What's the NDSS?



It's the National Diabetes Services Scheme. The doc helps you join and get the free NDSS card. You get cheaper products and lots of good advice about living healthy.

3



4

What about when you travel?

No worries, I can use the card all over the country.



5

About 1 in 3 in our community will get diabetes and there are too many of us not getting help. By joining the NDSS I get support to keep enjoying life.

And because the NDSS helps doctors understand diabetes in our communities, other people can get help too. Join the NDSS and help fight diabetes.

If you have diabetes, join the NDSS. Ask at your local health service, visit [ndss.com.au](http://ndss.com.au) or call the NDSS Helpline on 1300 136 588.



**ndss**  
national diabetes services scheme

**diabetes**  
australia

The National Diabetes Services Scheme is an initiative of the Australian Government administered with the assistance of Diabetes Australia.