



**Fight diabetes
in your
community**

If you have diabetes, join the NDSS. Ask at your local health service, visit ndss.com.au or call the NDSS Helpline on 1300 136 588.

About 1 in 3 Aboriginal and Torres Strait Islanders will get diabetes and there are too many of us not getting help.

If you have any type of diabetes and have a Medicare card you can join the NDSS for free. It gives you cheaper products and help so that you can live better with diabetes.

The NDSS helps doctors understand how big diabetes is in our communities, so by registering, other people can get help too.

NDSS Helpline 1300 136 588 **ndss.com.au**